

DMR HEALTH CARE RECORD (HCR) INSTRUCTIONS

1. Entry Date: Fill in date HCR is being updated or created
2. Entered by: Fill in name of person updating or creating the HCR
3. Name: Fill name of individual for whom health care record is being updated or created.
4. Likes to be Called: Fill in any names other than what is listed in question #3 that the individual like to be called by.
5. DOB: Fill in date of birth of individual.
6. Gender: Fill in gender of individual, male or female.
7. SSN: Fill Social Security Number of individual
8. Religious Consideration for Care: Fill in individual's religion if known.
9. Street Address 1: Fill in street address of individual
10. Street Address 2: Fill in apartment number or additional street address information if applicable.
11. City: Fill in name of city where individual lives
12. State: Fill in Sate that individual lives in
13. Zip Code: Fill in individual's zip code
14. Phone Number: Fill in individual's phone number at home
15. Primary Health Insurance: Fill in name of primary health insurance
16. Primary Health Insurance ID Number: Fill in Primary Health Insurance ID number
17. Secondary Health Insurance: Fill in name of secondary health insurance if any.
18. Secondary Health Insurance ID Number: Fill in ID number to secondary health insurance if any.
19. Agency Responsible for Providing Residential Services: Answer Yes or No.
20. If Yes, Name of Agency: If answer to question #19 is "Yes" fill in name of Residential Provider.

21. If Yes, Primary Contact Person: If answer to question #19 is Yes, fill in name of primary contact person at agency.
22. If Yes Phone Number: If answer to question #19 is Yes, fill in phone number of contact person listed in question #21
23. Consent Status: Select an option.
24. If Consent from Guardian, Name: Fill in name of guardian
25. If Consent from Guardian, Phone Number: Fill in phone number of guardian
26. Resuscitation Status: Select an option.
27. If DNR, Is Comfort care Form Available?: Fill in Yes, No, or Unknown
28. Health Care Proxy?: Answer Yes, No or Unknown
29. If Yes, Name: If Yes to #28, fill in name of health care proxy
30. If Yes, Phone Number: If Yes to #28, fill in phone number of health care proxy
31. Contact Information Type: Choose type of contact: Emergency Contact or Pharmacy
32. Name: Fill in name of contact person from #31
33. Street Address #1: Fill in street address of contact named in #31
34. Street Address #2: Fill in additional street address from #31 if applicable
35. City: Fill in city for address named in #31
36. State: Fill in state for address in #31
37. Zip: Fill in zip code for address in #31
38. Phone Number: Fill in phone number for contact named in #31
- 31-38: Repeat questions #31 through #38 for other contact listed
(Emergency contact, Pharmacy)
39. Medication Name: Fill in name of medication (repeat by filling in all medications ordered)
40. Reason for Prescription: Select from Dictionary #1 (repeat for each medication listed)
41. If other, please specify: If there is no appropriate option for a medication that is listed in #39, and "other" was chosen in #40, please fill in reason for prescription.

- 42. Frequency: Choose from Dictionary #2 for each medication listed under #39
- 43. Date Started: List date medication was started under #46 using MM/DD/YYYY format
- 44. Date Stopped: Fill in date medication was stopped for each medication listed under #39 using MM/DD/YYYY format

Repeat #39-#44 for other medications.

- 45. Type of Allergy: Select from options all that apply
- 46. To What: Fill in what specifically the individual is allergic to if #52 indicates an allergy exists
- 47. Type of Reaction: Fill in what allergic reaction looks like if #52 indicates an allergy exists

CURRENT PROBLEMS/DIAGNOSES

- 48. Neurologic Medical Problem/Diagnosis: Select all that apply
- 49. If other, please specify: If “other” chosen in #48, fill in diagnosis
- 50. Cardiovascular Medical Problem/Diagnosis: Select all that apply
- 51. If other, please specify: If “other” chosen in #50, fill in diagnosis
- 52. Respiratory Medical Problem/Diagnosis: Select all that apply
- 53. If other, please specify: If “other” chosen in #52, fill in diagnosis
- 54. Gastrointestinal Medical Problem/Diagnosis: Select all that apply
- 55. If other, please specify: If “other” chosen in #54, fill in diagnosis
- 56. Musculoskeletal Medical Problem/Diagnosis: Select all that apply
- 57. If other, please specify: If “other” chosen in #56, fill in diagnosis
- 58. Kidney/Urinary Medical Problem/Diagnosis: Select all that apply
- 59. If other, please specify: If “other” chosen in #58, fill in diagnosis
- 60. Cancer/Neoplasm Medical Problem/Diagnosis: Select all that apply
- 61. If other, please specify: If “other” chosen in #60, fill in diagnosis

62. Metabolic/Endocrine Medical Problem/Diagnosis: Select all that apply
63. If other, please specify: If “other” chosen in #62, fill in diagnosis
64. Syndromes Medical Problem/Diagnosis: Select all that apply
- 64.A. If other, please specify: If “other” chosen in #64, fill in diagnosis
65. General Medical Problem/Diagnosis: Write in any diagnosis that did not appear in any of the previous categories
66. Psychiatric Problem/Diagnosis: Select all that apply
67. If other, please specify: If “other” chosen in #66, fill in diagnosis
68. Communication: Select all that apply
69. If foreign language, please specify: Write in language individual speaks/understands if language is not English
70. Vision: Select from the options
71. Supportive Devices: Select all that apply
- 71A. If other, please specify: If “other” chosen in #71, write in supportive device
72. Hearing: Select from the options
73. Toileting Ability: Select all that apply
74. Medication Administration: Select from the options
75. Dining/Eating: Select all that apply
- 75A. If other, please specify: If “other” chosen in #75, write in dining/eating needs
76. Diet Texture: Select all that apply
77. Diet Type: Write in the type of diet
78. Ambulation: Select all that apply
- 78A. If requires wheelchair, owns own wheelchair? Fill in Yes, No or Unknown
- 78B. If owns own wheelchair, when was it acquired? If answer to #78A is Yes, write in date wheelchair was received
79. Other type of ambulation? Fill in Yes, No or Unknown

80. If other type of ambulation, please specify: If answer to #79 is Yes, fill in type of ambulation
81. Personal Hygiene: Select one
- 81A. If special needs, please specify: If answer to #81 was special needs, write in description of needs
82. Oral Hygiene: Select one
- 82A. If special needs, please specify: If answer to #82 was special needs, write in description of needs
83. Head of bed elevated: Answer Yes, No or Unknown
84. Any previous problems with anesthesia? Answer Yes, No or Unknown
85. If yes, please explain: If answer to #84 is Yes, explain problem
86. Usual response to medical/dental/exams: Select one
87. Sedation for clinical visits: Answer Yes, No or Unknown regarding whether or not sedation is needed for medical or dental visits
88. If yes, what type of clinical visit? If answer to #87 is Yes, explain type of medical/dental visit requires sedation
89. If yes, please explain the type of sedation used: If answer to #87 is Yes, explain type of sedation used
90. Special positioning required for examination: Answer Yes, No or Unknown
91. If yes, please explain: If answer to #90 is Yes, explain type of special positioning required
92. Double staffing required for assistance with exams: Answer Yes, No or Unknown
93. If yes, please explain: If answer to #92 is Yes, explain why double staffing is needed
94. Requires limited waiting periods for exams: Answer Yes, No or Unknown
95. Appointment schedule preference: Select all that apply
96. Special communication device/method: Answer Yes, No or Unknown
97. If yes, please explain: If answer to #96 is Yes, explain type of communication device or method

98. Pain response: Select one

99. If unique, please explain: If answer to #98 is Unique, please explain

Fill the following **Medical Providers** as indicated:

100. Contact: Healthcare Provider Type: Primary Care

100A Name 100B Address 100C City 100D State 100E ZIP 100F Telephone

101. Contact: Healthcare Provider Type: Dental Care

101A Name 101B Address 101C City 101D State 101E ZIP 101F Telephone

102. Contact: Healthcare Provider Type: Eye Care

102A Name 102B Address 102C City 102D State 102 E ZIP 102 F Telephone

103. Contact: Subspecialist Type: Pull From Dictionary #3

103A Name 103B Address 103C City 103D State 103E ZIP 103F Telephone

104. Contact: Subspecialist Type: Pull from Dictionary #3

104A Name 104B Address 104C City 104D State 104E ZIP 104F Telephone

105. Contact: Other Type: Fill in here

105A Name 105B Address 105C City 105D State 105E ZIP 105F Telephone

106. Living status: Select one

107. Marital status: Select one

108. Work/Day program status: Select all that apply

109. Current Nursing Supports: Select all that apply

110. Tetanus status? Select one

111. Date of most recent tetanus: If answer to #110 is “Administered” fill in date of last tetanus administration using DD/MM/YYYY format

112. Flu shot status? Select one

113. Date of most recent Flu shot: If answer to #112 is “Administered” fill in date of most recent administration using MM/DD/YYYY format

114. Pneumovax status? Select one

115. Date of most recent Pneumovax: If answer to #114 is “Administered” fill in date of most recent administration using MM/DD/YYYY format

116. Hepatitis B vaccine – Primary Series (3 shots) status? Select one

117. Date of Shot #1 (MM/DD/YYYY): Fill in date of 1st shot in hepatitis B series if answer to #116 is “Administered”
118. Date of Shot #2 (MM/DD/YYYY): If known fill in date of 2nd shot in hepatitis B series if answer to #116 is “Administered”
119. Date of Shot #3 (MM/DD/YYYY): If known fill in date of 3rd shot in hepatitis B series if answer to #116 is “Administered”
120. Hepatitis B vaccine booster status? Select answer
121. Date of most recent Hepatitis B vaccine booster (MM/DD/YYYY): If known fill in date of 3rd shot in hepatitis B booster vaccine using MM/DD/YYYY format if answer to #120 is “Administered”
122. Measles/Mumps/Rubella (MMR) status? Select one
123. Date of most recent Measles/Mumps/Rubella (MMR): If known fill in date of most recent MMR if answer to #122 is “Administered”
124. List any other vaccinations and dates (e.g., Lyme, Hepatitis A, Varicella, etc.): Write in types of vaccinations and dates administered if known
125. Has the individual ever had a positive skin test (PPD) for tuberculosis? Answer Yes, No or Unknown
126. If yes, was any treatment given? Answer Yes, No or Unknown if answer to #125 is Yes
- 126A. If Yes, please describe.
- 126B. If No, please explain why treatment was not given: Write explanation if answer to #125 is No
127. Is the date of the last PPD known? Answer Yes or No
- 127A. If Yes, date of last PPD: If answer to #127 is Yes, fill in date if known using MM/DD/YYYY format
- 127B. If No, please explain: If answer to #127 is No, please write in explanation

PAST MEDICAL HISTORY

128. Medical History Contact Name: If medical history is not released to DMR, fill in name of person who is to be contacted if such information is needed by HCPS
129. Relation: Fill in relation type of person written in #128
130. Phone number: Phone number of person listed under #128

131. Street Address #2: Additional street address information for person listed under #128 if needed
132. City: City address of person listed under #128
133. State: State address of person listed under #128
134. Zip: Zip code of person listed under #128
135. Surgeries and Trauma; Hospitalization; Type of Event: Select all that apply
136. If hospitalization, which hospital? Fill in name of hospital for event(s) listed under #135
137. Description: Fill in description of event(s) listed under #157 (e.g., fell, broke leg)
138. Date: Enter date(s) of event(s) listed under #135 using MM/DD/YYYY format
139. Age menstruation started (women only): Select an age
140. Still menstruating? Answer Yes, No or Unknown
141. If no, age menstruation stopped: If answer to #140 is No, choose an age
142. Has individual ever given birth to a child? Answer Yes, No or Unknown
143. Gynecological exam status? Select one
144. Date of last gynecological exam: Fill in date if answer to #143 is “Administered” using MM/DD/YYYY format
145. PAP smear status? Select one
146. Date of last PAP smear: Fill in date if answer to #145 is “Administered” using MM/DD/YYYY format
147. Any history of abnormal PAP smear? Answer No or Yes, if yes - describe
148. Mammogram status? Select one
149. Date of last mammogram? Fill in date if answer to #148 is “Administered” using MM/DD/YYYY format
150. Neurologic Medical Problem/Diagnosis: Select all that apply
151. If other, please specify: If “other” chosen in #150, fill in diagnosis
152. Cardiovascular Medical Problem/Diagnosis: Select all that apply

153. If other, please specify: If “other” chosen in #152, fill in diagnosis
154. Respiratory Medical Problem/Diagnosis: Select all that apply
155. If other, please specify: If “other” chosen in #154, fill in diagnosis
156. Gastrointestinal Medical Problem/Diagnosis: Select all that apply
157. If other, please specify: If “other” chosen in #156, fill in diagnosis
158. Musculoskeletal Medical Problem/Diagnosis: Select all that apply
159. If other, please specify: If “other” chosen in #158, fill in diagnosis
160. Kidney/Urinary Medical Problem/Diagnosis: Select all that apply
161. If other, please specify: If “other” chosen in #160, fill in diagnosis
162. Cancer/Neoplasm Medical Problem/Diagnosis: Select all that apply
163. If other, please specify: If “other” chosen in #162, fill in diagnosis
164. Metabolic/Endocrine Medical Problem/Diagnosis: Select all that apply
165. If other, please specify: If “other” chosen in #164, fill in diagnosis
166. Syndromes Medical Problem/Diagnosis: Select all that apply
167. If other, please specify: If “other” chosen in #166, fill in diagnosis
168. Psychiatric Problem/Diagnosis: Select all that apply
169. If other, please specify: If “other” chosen in #168, fill in diagnosis
170. General Medical Problem/Diagnosis: Write in any diagnosis that did not appear in any of the previous categories

EVALUATION TYPE

171A. Audiological Exam

171B. Is Evaluation Date available?

171C. Yes and date fill in date using MM/DD/YYYY format

171D. No

171E. If No, explain why

172. Eye Exam – Repeat as with #171A – 171E

173. Dental Exam – Repeat as with #171A – 171E

174. Physical Exam – Repeat as with #171A – 171E

175. Bone Densitometry – Repeat as with #171A – 171E
176. Sigmoidoscopy/Colonoscopy – Repeat as with #171A – 171E
177. Prostate Screening (PSA) – Repeat as with #171A- 171E

FAMILY HISTORY

178. Relationship: Select one

178A. Is this family member known? Answer Yes or No

178B. If Yes, is the family member deceased? If answer to #178A is Yes, answer Yes, No or Unknown

178C. If deceased, age at death: If answer to #178B is Yes, fill in age at death if known

178D. If deceased, cause of death: If answer to #178B is Yes, fill in cause of death if known

178E. If not deceased, year of birth: If answer to #178B is No, fill in year of birth if known

179 - 181. Repeat questions for other family members listed

182. Is there any family history of: Diabetes? Fill in Yes, No or Unknown

183. Is there any family history of: High Blood Pressure? Fill in Yes, No or Unknown

184. Is there any family history of: High Cholesterol? Fill in Yes, No or Unknown

185. Is there any family history of: Heart Disease? Fill in Yes, No or Unknown

186. Is there any family history of: Osteoporosis? Fill in Yes, No or Unknown

187. Is there any family history of: Colon Polyps? Fill in Yes, No or Unknown

188. Is there any family history of: Cancer? Fill in Yes, No or Unknown

189. If Cancer, what type? If answer to #188 is Yes, fill in type

190. Are there any other diseases that run in the family? Fill in Yes, No or Unknown. If Yes, please specify:

191. Has there been any genetic counseling in the family? Fill in Yes, No or Unknown. If yes, what were the results of genetic counseling